

# BACK TO SCHOOL

An organized home, creates focused minds.

**Are You  
READY?**



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# Make back to SCHOOL a Breeze

Getting back into a routine can feel like a lot. But a well-organized home can make mornings easier and bring more peace to your days. From setting up homework spots to prepping quick meals, small changes go a long way.

Here's one of my favorite easy breakfasts—apple cinnamon muffins! Perfect for on-the-go mornings or cozy after-school snacks.

## Our Favorite Apple Cinnamon Muffins

### INGREDIENTS:

- 1 ½ cups all-purpose flour
- 1 teaspoon baking powder
- ½ teaspoon baking soda
- ½ teaspoon ground cinnamon
- ¼ teaspoon salt
- 1/3 cup melted butter
- ½ cup sugar (or less if preferred)
- 2 tablespoons brown sugar
- 1 large egg
- ½ cup plain yogurt or sour cream
- 1 teaspoon vanilla extract
- 1 cup peeled and chopped apple (preferably Granny Smith)



### INSTRUCTIONS:

- Preheat oven to 375°F (190°C). Line a muffin tin with paper liners.
- In a large bowl, mix flour, baking powder, baking soda, cinnamon, and salt.
- In another bowl, whisk together melted butter, sugar, brown sugar, egg, yogurt, and vanilla.
- Add wet ingredients to dry ingredients and mix just until combined.
- Fold in chopped apples gently.
- Spoon batter into muffin cups, filling each about ¾ full.
- Optional: Sprinkle a bit of brown sugar and cinnamon on top.
- Bake for 18–22 minutes, or until a toothpick comes out clean.
- Let cool for 5 minutes, then transfer to a rack to cool completely.



## Your Home, Your Hub

I'm Pamela Alcántara, and I'm here to help you organize your current space or find the perfect new home for your family's needs this school year.

From smart layouts and great school districts to stress-free moving tips, I make the real estate journey smoother for families just like yours.



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 **Let's make this school year the best one yet—starting at home.**